ECU HEALTH

Emergency Food Pantry in Bertie County

Food pantries in Bertie County

Resource	Address	Contact Information	Days & Hours
All God's Children Place of Possibilites	1144 Hexlena Rd. Aulander, NC	252-345-1144	Call for assistance
All God's Children United Methodist Church	302 South Commerce St. Aulander, NC	252-345-1144	Call for assistance
Askewville Community Food Pantry	102 E. Askewville St. Windsor, NC	252-325-3467	1st Monday of each month, 9:00am-11:00am Last Wednesday of each month, 11:00am-12:00pm Call for emergencies
Bertie Mobile Food Pantry at Greater Wynns Grove Church	221 Wynns Grove Church Rd. Colerain, NC	252-356-2371	3rd Thursday of each month, 4:30pm-6:00pm
Catholic Charities	1453 North Road St. Elizabeth City, NC	252-426-7717	Call in advance to schedule an appointment (Appointments are available on Thursday)
CSFB Bertie Lewiston	819 Governors Rd. Windsor, NC	252-370-0324	4th Thursday of each month, 10:00am-12:00pm For individuals 60 and up
Good Shepherd Food Pantry	819 Govenoors Rd. Windsor, NC	252-370-0324	2nd and 3rd Saturday of each month, 10:00am-1:00pm
Metropolitan Church of God Food Pantry	118 W. Main St. Aulander, NC	252-325-2977	Call for assistance
Mobile Food Pantry First Church of Ketford	408 East Church St. Kelford, NC	252-217-7802	3rd Monday of each month, 10:00am-1:00pm

Mobile Food Pantry Town of Powellsville Community Churches	407 East Main St. Powellsville, NC	252-395-0563	1st Tuesday of each month, 11:00am-1:00pm
Mt. Olive Missionary Baptist Church	102 Mt. Olive Rd. Windsor, NC	252-348-2644	Call for assistance
Salvation Army-Washington	112 E. 7th St. Washington, NC	252-946-2523	Monday-Thursday, 9:00am-3:30pm Call for appointments
Unlimited Care Inc.	111 West Boulevard Williamston, NC	252-799-7741	Monday, Wednesday, Friday 12:00pm-2:00pm

What To Know Before You Go

Some locations need this information for the application process. If you do not have this information, they may still provide a day of emergency food supplies

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have it)

Additional Resources

The **Food Bank of the Albemarle** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. https://afoodbank.org/

Food Pantries in North Carolina - a directory of food pantries across North Carolina http://www.foodpantries.org/st/north_carolina

NC Women's Infants and Children national program that provides food and assistance to pregnant and breastfeeding women, infants, and children up to the age of 5 years old. Visit the website to discover WIC locations in your area. http://www.nutritionnc.com/wic/index.htm

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Emergency Food Programs in Martin County

Food Pantries in Martin County

Resource	Address	Contact Information	Days & Hours
Back Swamp Church of Christ Food Pantry	1414 Bear Grass Rd., Williamston, NC	252-792-8220	2nd and 4th Thursday of each month, 10:00am-2:00pm
Bibleway Project Relief	301 Center St, Williamston NC	252-531-2419	2nd Wednesday of each month, 8:00am-11:00am
Catholic Charities	1453 North Road St, Elizabeth City NC	252-426-7717	Call in advance to schedule appointment (Appointments are available on Thursdays)
CSFP Robersonville Community Center	202 East Green St, Robersonville NC	252-795-4580	3rd Thursday of each month, 2:00pm-3:30pm For individuals 60 and up
Friends of God Ministries	503 N Haughton St, Williamston NC	252-799-9456	2nd Tuesday of each month, 3:00pm-5:00pm
Full Gospel Way of the Cross	1112 James Rd, Robersonville NC	252-795-3062	Thursdays & Saturdays 9:00am-11:00am
Jamesville Community Food Pantry	2038 Main St, Jamesville Nc	252-792-0300	1st and 3rd Monday of each month, 3:00pm-4:30pm
Kingdom Entity Apostolic Ministries	1062 East Avenue, Hassell NC	252-214-0797	Thursdays, 11:00am-1:00pm
Liberty Christian Center Food Pantry	607 Washington St., Williamston, NC	252-792-8880	Every other Wednesday, 1:00pm-2:00pm
Salvation Army - Washington	112 E 7th St, Washington NC	252-946-2523	Monday-Thursday, 9:00am-3:30pm Call for appointment
TFBU Foundation	105 West Commerce St, Oak City NC	252-497-3042	Drive- Thru! 2nd Saturday of each month, 9:00am-12:00pm Call for emergencies
Unlimited Care Inc	111 West Blvd, Williamston NC	252-799-7741	Mondays, Wednesdays, and Fridays, 12:00pm-2:00pm

United Full Gospel Revival Center	105 E Main St, Plymouth NC	252-217-8956	3rd Saturday of each month, 10:00am -12:00pm
Williamston CSFP Moratoc Park	102 River Drive Williamston, NC	252-312-6238	3rd Thursday of each month 10:00am-12:00 pm

What To Know Before You Go

We suggest you call a phone number before you go. Some places need you to live in the county or be of a certain age. Others may ask you to fill out a form.
Here are some things you may need:

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

The **Food Bank of the Albemarle** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. https://afoodbank.org/

Food Pantries in North Carolina - a directory of food pantries across North Carolina http://www.foodpantries.org/st/north_carolina

NC Women's Infants and Children national program that provides food and assistance to pregnant and breastfeeding women, infants, and children up to the age of 5 years old. Visit the website to discover WIC locations in your area. http://www.nutritionnc.com/wic/index.htm

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Emergency Food Programs in Hertford County

Food pantries in Hertford County

Resource	Address	Contact Information	Days & Hours
Ahoskie Food Pantry	701 East Church St Ahoskie, NC	252-676-8065	Monday - Friday, 9:30am - 12:00pm 3rd Wednesday of each month 1:30pm-3:30pm
CSFP Program - Ahoskie Food Pantry	701 East Church St Ahoskie, NC	252-332-2145	3rd Wednesday of each month10:00am- 3:30pm For Individuals 60 and up
Calvary Missionary Baptist Church	600 N. Alton St Ahoskie, NC	252-332-3775	4th Saturday of each month, 8:00am-10:00am
Catholic Charities	1453 North Road St Elizabeth City, NC	252-426-7717	Call in Advance to schedule appointment (appointments are available on Thursday)
Mobile Food Pantry Cultivator, Inc.	1228 East Main St Murfreesboro, NC	252-395-2327	3rd Wednesday of each month, 1:30pm-3:30pm
Murfreesboro Baptist Church and Mobil Food Pantry	200 W Main St Murfreesboro, NC	252-398-3613	Church Pantry: Last Monday of each month, 9:00am- 11:00am Mobile Pantry (Food Bank of Albemarle): 3rd Tuesday of each month, 1:30pm - 4:00pm
Roanoke Chowan Community Health Center	120 Health Center Dr Ahoskie, NC	252-332-3548	Last Wednesday of each month, 9:00am- 1:00pm
Salvation Army-Albemarle	602 N. Hughes Blvd Elizabeth City, NC	252-338-4120	Monday-Thursday, 9:00am- 11:45am and 1:00pm- 4:00pm, Fridays, 9:00am-12:00pm
St. Johns 2nd Baptist Church	948 NC 561 W Aulander, NC	252-395-3067	3rd Saturday of each month, 11:00am- 1:00pm

St. Paul's Church of Murfreesboro	101 Rhue St Murfreesboro, NC	252-398-8046	Mondays, Wednesdays, and Fridays, 10:00am-4:00pm Saturdays, 10:00am- 12:00pm
Victory of Praise	1750 NC Highway 45 S Cofield, NC	252-356-4699	2nd Saturday of each month, 8:00am-10:00am
Zion Grove Missionary Baptist Church	1631 NC Hwy. 561 W Aulander, NC	252-345-4531	3rd Tuesday of each month, 9:00am- 11:00am
Pipe for Revival	100 Academy St S Ahoskie, NC	ripeforrevival.com	Every Friday from 11a.m to 12:30p.m.
Chowan University Murfreesboro Food Pantry	400 Jones Drive Murfreesboro, NC	252-398-6500	Monday through Friday 9am- 5pm (Chowan University students only)
Cultivator Mobile Food Pantry	1228 East Main St Murfreesboro, NC	252-319-6168	1st Thursday of every month 8am-10am

What To Know Before You Go

Some locations need this information for the application process. If you do not have this information, they may still provide a day of emergency food supplies.

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

The **Food Bank of the Albemarle** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. https://afoodbank.org/

Food Pantries in North Carolina - a directory of food pantries across North Carolina http://www.foodpantries.org/st/north_carolina

NC Women's Infants and Children national program that provides food and assistance to pregnant and breastfeeding women, infants, and children up to the age of 5 years old. Visit the website to discover WIC locations in your area. http://www.nutritionnc.com/wic/index.htm

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Emergency Food Programs in Northampton County

Food Pantries in Northampton County

Resources	Address	Contact Information	Days & Hours
Big Heart Pantry	1408 River Rd Henrico, NC	252-518-1506	Saturdays, 10:00am- 11:00am
Catholic Charities -Tar River	1746 Union St Greenville, NC	252-355-5111	Tuesdays. 10:00am- 3:00pm Call for appointment and for emergencies
CSFP Northampton County Recreation Dept. and Cultural and Wellness	9536 NC -305 Jackson, NC	252-534-1303	1st Tuesday of each month, 10:00am- 3:00pm 2nd Monday of each month, 2:00pm- 3:30pm For individuals 60 and up
Mobile Food Pantry Bethlehem Baptist Church	100 Washington St Seaboard, NC	252-589-5061	3rd Friday of each month, 12:00pm- 2:30pm
Mobile Food Pantry - Chonaoke Area Development Association	120 Sessoms Dr Rich Square, NC	Contact Food Bank of the Albemarle 252-335-4035	4th Monday of each month, 12:00pm- 1:00pm
Mobile Food Pantry Garysburg	192 Hilltop Dr Garysburg, NC	252-532-0005	4th Friday of each month, 10:00pm- 1:00pm
Mobile Food Pantry Gaston	962 NC Hwy 46 W Gaston, NC	252-539-1968	Last Wednesday of each month, 12:30pm- 3:00pm
Mobile Food Pantry Jackson United Methodist Church	206 Thomas Bragg Dr Jackson, NC	252-335-4035	4th Monday of each month, 3:45pm- 4:45pm
Salvation Army - Henderson	2292 Ross Mill Rd Henderson, NC	252-438-7107	Call for appointment Monday- Thursday, 9:00am- 12:00pm and 1:00pm- 3:30pm and

			Fridays, 9:00am-12:00pm Available for use once every three months
Union Mission of Roanoke Rapids	1310 Roanoke Ave Roanoke Rapids, NC	252-537-3372	Community program: every other Monday, 1:00pm- 2:00pm To-go meal after chapel service: Monday-Thursday, 4:00pm Emergency food boxes: Monday- Thursday, 9:00am- 5:00pm, (can use twice a year) Call for additional program details
Zoar Missionary Baptist Church	1250 Deberry Mill Rd Pendleton, NC	252-389-3848	Tuesday after the 1st Sunday of each month, 9:00am-12:00pm

What To Know Before You Go

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Here are some things you may need:

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

The **Food Bank of the Albemarle** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. https://afoodbank.org/

Food Pantries in North Carolina - a directory of food pantries across North Carolina http://www.foodpantries.org/st/north_carolina

NC Women's Infants and Children national program that provides food and assistance to pregnant and breastfeeding women, infants, and children up to the age of 5 years old. Visit the website to discover WIC locations in your area. http://www.nutritionnc.com/wic/index.htm

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Emergency Food Programs in Washington County

Food Pantries in Washington County

Resource	Address	Contact Information	Days & Hours
Catholic Charities	1453 North Road St, Elizabeth City, NC	252-426-7717	Call in advance to schedule appointment (Appointments are available on Thursdays)
CSFP Washington	609 Adams St, Plymouth NC	Contact Food Bank of the Albemarle 252-335-4035	2nd Tuesday of each month, 10:30am - 12:30pm For individuals 60 and up
Mobile Food Pantry Roper	101 June St, Roper NC	252-217-1135	Call for details
Mobile Food Pantry Washington County	11424 Newland Rd, Creswell NC	Contact Food Bank of the Albemarle 252-335-4035	4th Tuesday of each month, 2:00pm - 3:30pm
Plymouth Food Pantry	811 Washington St, Plymouth NC	252-793-4152	First Tuesday of each month, 9:00am - 11:00am
Salvation Army - Washington	112 E 7th St, Washington NC	252-946-2523	Monday - Thursday, 9:00am - 3:30pm Call for appointment
United Full Gospel Revival Center	105 E Main St, Plymouth NC	252-217-8956	3rd Friday of each month, 10:00am -12:00pm

What To Know Before You Go

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Here are some things you may need:

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

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Emergency Food Programs in Chowan County

Food Pantries in Chowan County

Resource	Address	Contact Information	Days & Hours
Catholic Charities	1453 North Road St Elizabeth City, NC	252-426-7717	Call in advance to schedule appointment (Appoints are available on Thursdays)
CSFP Program - Edenton Chowan Food Pantry	1370 N Broad St Edenton, NC	252-482-2504	1st and 2nd Wednesday each month, 9:00am-11:00am For individuals 60 and up
CSFP - Rocky Hock Baptist Church	113 Rocky Hock Church Rd Edenton, NC	252-221-4133	3rd Tuesday of each month, 1:00pm-2:00pm For individuals 60 and up
Edenton Chowan Food Pantry	1370 N Broad St. Edenton, NC	252-482-2504	Monday & Thursday 9:00am-11:15am
Mobile Food Pantry Open Door Church	1255 Haughton Rd Edenton, NC	252-333-7722	4th Thursday of each month, 5:30pm-7:15pm
Salvation Army - Albemarle	602 N Hughes Blvd Elizabeth City, NC	252-338-4120	Monday-Thursday, 9:00am-11:45am and 1:00pm-4:00pm Fridays, 9:00am-12:00am
Shalom International Church Food Pantry	701 N Broad St, Ste A Edenton, NC	252-482-1132	Call for details

What To Know Before You Go

We suggest you call a phone number before you go. Some places need you to live in the county or be of a certain age. Others may ask you to fill out a form.
Here are some things you may need:

- Photo ID
- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

The **Food Bank of the Albemarle** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. https://afoodbank.org/

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Emergency Food Programs in Halifax County

Food Pantries in Halifax County

Resource	Address	Contact Information	Days & Hours
A Better Chance, A Better Community	6878 Old 125 Rd, Scotland Neck, NC	252-673-5080	Appointment Only 10:00am - 4:00pm
Building Bridges Without Limits	577 E Franklin St, Enfield, NC	252-445-2272	Saturdays, 12:00pm - 2:00pm
Community of Hope Center	201 Batchelor Avenue, Enfield, NC	252-908-1583	Every 3rd Thursday of the month 10:00am - 4:00pm
Concerned Citizens Of Tillery	321 Community Center Rd, Halifax, NC	252-826-2234 252-578-4731 252-578-8324	Tuesdays, 9:00am - 2:00pm Call for emergencies
Fidelity Baptist Church	627 Summit Rd, Littleton, NC	252-676-9156	Wednesdays, 1:00 - 2:00pm 4th Tuesday of each month, 10:00am - 11:00am
Greater Joy North	1711 E 10th St, Roanoke Rapids, NC	252-578-3657	1st Friday of each month, 10:00am Call for emergencies
Hattie Station Senior Center (Senior Box Program)	1403 Church St, Scotland Neck, NC	252-826-3191	Monday - Friday 8:00am - 5:00pm
Highway Restoration Ministries	740 Vance St, Roanoke Rapids, NC	252-673-1093	2nd Thursday of each month 7:00pm - 9:00pm
Hobgood Citizens Group	401 N Beech St, Hobgood, NC	252-813-3126	1st Friday of each month, 12:00pm - 3:00pm Call for information and for emergencies
Ivory Hill Baptist Church	4505 Medoc Mountain Rd, Enfield, NC	252-445-2562	4th Tuesday of each month, 11:00am
My Father's House Church	545 Richardson Rd, Enfield, NC	252-907-9616	Call for details

Old Towne Village (Senior Box Program)	65 Olde Towne Rd, Roanoke Rapids, NC	252-535-4555	Mondays, 1:00pm - 5:00pm Wednesday & Friday, 8:00am - 5:00pm
Quankey Hill (Senior Box Program)	161 Pittsylvanie St, Halifax, NC	252-583-2209	Tuesdays and Thursdays 8:30am - 4:00pm
Ripe for Revival	E. South Main St, Littleton, NC	www.ripeforrevival.com	Wednesdays 3:00pm - 4:30pm
River Towne Manor (Senior Box Program)	200 W Becker Dr, Roanoke Rapids, NC	252-410-0133	3rd Tuesday of every month, 10:00am - until food runs out
Salvation Army - Henderson	2292 Ross Mill Rd, Henderson, NC	252-438-7107	Call for appointment Monday - Thursday, 9:00am - 12:00pm and 1:00pm - 3:30pm and Fridays, 9:00am-12:00pm Available for use once every three months
Temple Emmanuel Gospel Truth	9 East 8th St, Weldon, NC	252-308-2277	Pantry: 1st Friday of each month, 2:00pm - 5:00pm Call for information and for emergencies Soup Kitchen: Sundays, 11:00am - 12:00pm
The Way of the Cross Outreach	64 Craigmont Ave, Roanoke Rapids, NC	252-535-1276	2nd Saturday of each month, 8:00am - 10:00am
Twilight Missionary Baptist Church	1381 Aurelian Springs Rd, Halifax, NC	252-536-2412	2nd Tuesday of each month, 3:00pm - 5:00pm 2nd Wednesday of each month, 9:00am - 11:00am
Union Mission of Roanoke Rapids	1310 Roanoke Ave, Roanoke Rapids, NC	252-537-3372	Community program: every other Monday, 1:00pm - 2:00pm To-go meal after chapel service:

			Monday - Thursday, 4:00pm Emergency food boxes: Monday - Thursday, 9:00am - 5:00pm, must have a valid ID and can use twice a year Call for additional program details
Weldon STEM Career Academy (School Pantry)	415 County Rd, Weldon, NC	252-536-4829	Call for details

What To Know Before You Go

We suggest you call a phone number before you go. Some places need you to live in the county or be of a certain age. Others may ask you to fill out a form.

Here are some things you may need:

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- Proof of birthdate/age
- Proof of where you live
- Statement of Income
- Number of Individuals in the Household
- Food Stamp Statement (if you have one)

Additional Resources

The **Food Bank of Central & Eastern North Carolina** distributes to multiple food pantries across the region. Call or visit the site to learn about a local pantry near you. http://www.foodbankcenc.org/site/PageServer?pagename=branch_raleigh

Food Pantries in North Carolina - a directory of food pantries across North Carolina http://www.foodpantries.org/st/north_carolina

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